

Washington DC BRAG Club Fort Washington, MD HOG #0628

No. Va. "Real Estate" Ride

Leg	Miles	Direction (Notes) Page 1	
	0.0	RT turn out of HDW onto Livingston Road	
0.2	0.2	LF onto Old Fort Road	
0.2	0.4	LF onto 210 North (Indian Head Highway)	
2.6	3.0	RT @ 295 North (LF at the Split)	
7.0	10.0	RT @ 395 South cross the Potomac into VA	
4.5		RT @ GW Parkway North	
3.2		LF Spout Run Pkwy	
0.7		RT Lorcom Ln	
0.9		RT Nellie Curtis/Military Rd	
2.1		RT Old N Glebe go around ramp to Glebe Rd S	
0.5		RT Upland St	
0.4		RT Chesterbrook Rd	
0.9		RT Kirby Road	
1.7		RT Chain Bridge (123)	
0.1		LF back onto NB GW Parkway	
5.0		LF exit to 495 West to Virginia	
0.9		Exit on route 193 exit, RT@ 193 west	
4.2		Continue on 193 west	
0.4		RT River Bend Road (603)	
2.7		RT continue on Beach Mill Road (603)	
1.0		RT continue on Beach Mill Road (603)	
1.4		LF Seneca Road (602)	
2.2		LF Georgetown Pk (193)	
1.7		RT Springvale rd (674)	
2.3		X Light at RT 7 to Baron Cameron Av.	
0.1	46.9	STOP at Sunoco Gas Station for break/gas	

Leg	Miles	Direction (Notes) Page 2	
8		RT out of Gas Station	
0.2	47.1	LF Hunter Mill Rd (674)	
2.8		LF Hunter Mill Rd (674)	
1.0	50.9	RT Hunter Station (677)	
1.1	52.0	LF Lawyers Lane (673)	
1.0	53.0	RT Hunter Mill Rd (674)	
1.2		RT Vale Road (672)	
2.0	56.2	LF Fox Mill (665)	
1.8	58.0	LF Waples Mill Rd (664)	
0.9	58.9	RT Waples Mill Rd, X Lee Hwy (29)	
0.5	59.4	X Light at US50 to Shirley Gate (655)	
1.5	60.9	RT Braddock Rd (620)	
1.0	61.9	LF Fairfax Cty PKWY South (7100)	
0.5	62.4	RT Popes Head (654)	
2.0	64.4	LF Clifton Rd (645)	
2.1	66.5	RT Clifton Rd (645)	
0.8	67.3	LF Clifton Rd (645)	
1.6	68.9	RT Henderson (612)	
1.6	70.5	RT Henderson (643)	
2.7	73.2	RT Hampton Rd (647)	
4.6	77.8	RT Ox Road (123)	
2.0	79.8	LF Lorton Rd (642)	
1.0	80.8	RT Furnace Road	
2.5	83.3	X Rt 1 to Furnace/Old Colchester	
0.6	83.9	LF Old Colchester	
4.2	88.1	RT Route 1	
3.5	91.6	RT Mt Vernon (235)	
3.0	94.6	RT GW Parkway North	
8.3	102.9	LF Franklin Street	
0.2	103.1	LF South Patrick St to 495 Interchange	
0.2	103.3	Take 495 east (outer Loop)	
2.0	105.3	RT 210 South (Indian Head Highway)	
4.0		RT on Livingston Rd	
0.5	109.8	STOP at HDW	